

The School of Arts and Enterprise High School

September 2023 Breakfast and Lunch Menu



Monday 9/4/23	Tuesday 9/5/23	Wednesday 9/6/23	Thursday 9/7/23	Friday 9/8/23
LABOR DAY	Trix & WG Crackers	Banana Muffin	Coco Puffs & WG Crackers	Cereal & WG Crackers
	Cheesy Alfredo Baked Ziti Bowl w/ steamed broccoli & carrots	Fresco Chicken Bowl w/spanish rice, black beans & corn	Hamburger w/tater tots	Pizza bagels w/ carrot sticks
	Chicken Pasta Primavera Salad	Caesar Chicken Salad	Fiesta Chicken Pasta Salad	Turkey & Cheese Bagel Sandwich
Monday 9/11/23	Tuesday 9/12/23	Wednesday 9/13/23	Thursday 9/14/23	Friday 9/15/23
Banana Muffin	Maple Waffle	Cereal & WG Crackers	Bean & Cheese Breakfast Burrito	Mexican Concha
Breaded Chicken Patty w/carrot sticks	Pizza Lasagna w/steamed broccoli & carrots	Three Cheese Mac & Cheese w/bbq baked beans	Hamburger w/whole kernel corn	Bean & Cheese Burrito w/carrot sticks
Oriental Chicken Tortilla Wrap	Santa Fe Chicken Salad with a Wheat Dinner Roll	Caesar Chicken Salad with a Wheat Dinner Roll	Fiesta Chicken Pasta Salad	
Monday 9/18/23	Tuesday 9/19/23	Wednesday 9/20/23	Thursday 9/21/23	Friday 9/22/23
Coffee Cinnamon Crumble	Sausage English Muffin	Bagel & Jelly	Rice Chex & WG Crackers	Yogurt & Graham Crackers
Cheeseburger w/carrot sticks	Cheesy Marinara Baked Ziti Bowl w/steamed broccoli & carrots	Chicken Tamal w/pinto beans	Pizza w/ carrot sticks	Breaded Chicken Patty w/carrot sticks
	Chicken Pasta Primavera Salad	Cilantro Chicken Pasta	Fiesta Chicken Pasta Salad	Chocolate Chex Mix
Monday 9/25/23	Tuesday 9/26/23	Wednesday 9/27/23	Thursday 9/28/23	Friday 9/29/23
String Cheese & Graham Crackers	Bean & Cheese Breakfast Burrito	Coffee Cinnamon Crumble	Cinnamon Toast Crunch	Mexican Concha
Hamburger w/carrot sticks	Cheesy Alfredo Baked Ziti Bowl w/ steamed broccoli & carrots	Turkey Hot Dog on a bun w/bbq baked beans	Chicken & Waffles w/mashed potatoes	Three Cheese Mac & Cheese w/steamed carrots
Caesar Chicken Tortilla Wrap w/carrot sticks	Chicken Pasta Primavera Salad	Cilantro Chicken Pasta		Turkey & Cheese Panini w/carrot sticks

****Vegetarian Options Available Daily Upon Request****

****Menu Items are Subject to Change Based on Availability****

This institution is an equal opportunity provider.