

The School of Arts and Enterprise High School

September 2024 Breakfast and Lunch Menu



Monday 9/2/24	Tuesday 9/3/24	Wednesday 9/4/24	Thursday 9/5/24	Friday 9/6/24
	Multi Grain Cheerios & WG Crackers	Bagel & Jelly	Cinnamon French Toast	Grilled Cheese Sandwich
LABOR DAY	Chicken Parmesan Hoagie Sandwich w/mashed potato	Cheeseburger Mac w/bbq baked beans	Chicken Teriyaki w/brown rice & stir fry veggies	Buffalo Wings w/carrot sticks
	Mediterranean Chicken Salad	Caesar Chicken Tortilla Wrap	Chef Turkey & Ham Salad with a Wheat Dinner Roll	Parmesan Cheese Pasta Salad
Monday 9/9/24	Tuesday 9/10/24	Wednesday 9/11/24	Thursday 9/12/24	Friday 9/13/24
Coffee Cinnamon Crumble	Sausage English Muffin	Chocolate Chip Muffin	Maple Waffle	Mexican Concha
BBQ Chicken w/roasted butternut squash	Chili Cheese Dog w/tater tots	Pizza Flauta	Chile Verde Bean & Cheese Burrito	Cheesy Alfredo Baked Ziti w/mixed veggies
Caesar Chicken Salad	Mediterranean Chicken Salad	Santa Fe Chicken Salad	Chef Turkey & Ham Salad with a Wheat Dinner Roll	Ham & Cheese Bagel Sandwich
Monday 9/16/24	Tuesday 9/17/24	Wednesday 9/18/24	Thursday 9/19/24	Friday 9/20/24
Yogurt & Granola Parfait	Cinnamon French Toast	Peach Cobbler	Cinnamon Toast Crunch	Banana Muffin
Lemon Garlic Chicken w/cilantro rice glazed peas and	Chicken Parmesan Pasta w/sweet corn	Beef & Cheese Nachos w/fiesta beans	Teriyaki Chicken Chow Mein w/stir fry veggies	Three Cheese Mac & Cheese w/ mixed veggies
Caesar Chicken Salad	Mediterranean Chicken Salad	Santa Fe Chicken Salad	Chef Turkey & Ham Salad with a Wheat Dinner Roll	Garlic Pesto Pasta Salad
Monday 9/23/24	Tuesday 9/24/24	Wednesday 9/25/24	Thursday 9/26/24	Friday 9/27/24
Bagel & Jelly	Trix & WG Crackers	Vanilla Muffin	Pancakes	Mexican Concha
Pretzel Dog	Chicken Nuggets w/tator tots	Chicken Tamal w/fiesta beans	Orange Chicken Bowl w/brown rice & stir fry veggies	Cheesy Marinara Baked Ziti w/ mixed veggies
Caesar Chicken Salad	Mediterranean Chicken Salad	Santa Fe Chicken Salad	Caesar Chicken Tortilla Wrap	Chinese Chicken Salad with a Wheat Dinner Roll
Monday 9/30/24	Tuesday 10/1/24	Wednesday 10/2/24	Thursday 10/3/24	Friday 10/4/24
String Cheese & Graham Crackers	Rice Chex & WG Crackers	Chocolate Chip Muffin	Coco Puffs & WG Crackers	Bagel & Jelly
Chicken Fried Rice w/stir fry veggies	Spicy Chicken Sandwich w/sweet corn	Beef, Cheese & Bean Dip Nachos	Creamy Tuscan Cheese Pasta w/garden salad	Hamburger w/butter squash mash
Caesar Chicken Salad	Ham & Cheese Bagel Sandwich	Santa Fe Chicken Salad	Chef Turkey & Ham Salad with a Wheat Dinner Roll	Chinese Chicken Salad with a Wheat Dinner Roll
Vegetarian Options Available Daily Upon Request **Menu Items are Subject to Change Based on Availability**				
This institution is an equal opportunity provider.				