

The School of Arts and Enterprise Middle School

October 2024 Breakfast and Lunch Menu



| Monday 10/7/24 | Tuesday 10/8/24 | Wednesday 10/9/24 | Thursday 10/10/24 | Friday 10/11/24 |
|---|--|--|---|---|
| Yogurt & Graham Crackers | Multi Grain Cheerios | Banana Muffin | Cinnamon French Toast | Bagel & Jelly |
| Beef, Bean & Cheese Burrito w/carrot sticks | Chicken Nuggets w/dinner roll & sweet corn | Street Corn Chicken Bake w/dinner roll & black beans | Mongolian Chicken Chow Mein Bowl w/stir fry veggies | Turkey Hotdog w/carrot sticks |
| Caesar Chicken Salad | Fiesta Chicken Pasta Salad | Garlic Pesto Cheese Pasta Salad | Chef Turkey & Ham Salad with a Wheat Dinner Roll | Ham Macaroni Pasta Salad |
| Monday 10/14/24 | Tuesday 10/15/24 | Wednesday 10/16/24 | Thursday 10/17/24 | Friday 10/18/24 |
| Indigenous People's Day | Sausage English Muffin | Chocolate Chip Muffin | Maple Waffle | Mexican Concha |
| SCHOOL LUNCH PIRATES FIND YOUR TREASURE! OCTOBER 14-18, 2024 | Pizza w/carrot sticks | Cheeseburger Mac w/bbq baked beans | Vegetarian Lasagna w/mixed veggies | Breaded Chicken Patty w/butter squash mash |
| | Fiesta Chicken Pasta Salad | Cilantro Chicken Pasta Salad | Chef Turkey & Ham Salad with a Wheat Dinner Roll | Ham & Cheese Bagel Sandwich |
| Monday 10/21/24 | Tuesday 10/22/24 | Wednesday 10/23/24 | Thursday 10/24/24 | Friday 10/25/24 |
| Vanilla Muffin | Cinnamon French Toast | Yogurt Parfait w/granola | Cinnamon Toast Crunch | Banana Muffin |
| BBQ Chicken Sandwich w/roasted butternut squash | Hamburger w/tater tots | Green Cheese Enchiladas w/fiesta beans | Cheesy Alfredo Baked Ziti w/green salad | Hawaiian Chicken w/brown rice and glazed peas & carrots |
| Ham & Cheese Bagel Sandwich | | | Chef Turkey & Ham Salad with a Wheat Dinner Roll | Garlic Pesto Cheese Pasta |
| Monday 10/28/24 | Tuesday 10/29/24 | Wednesday 10/30/24 | Thursday 10/31/24 | Friday 11/1/24 |
| String Cheese & Graham Crackers | Trix & WG Crackers | Turkey Breakfast Sandwich | Pancakes | Bagel & Jelly |
| Turkey Hotdog w/roasted butternut squash | Chicken & Waffles w/mashed potatoes | Breaded Chicken Patty on a HB Bun w/bbq baked beans | Cheesy Marinara Baked Ziti Bowl w/green salad | Chicken Teriyaki Bowl w/brown rice & stir fry veggies |
| Caesar Chicken Salad | Esquite Cheese Pasta Salad | Cilantro Chicken Pasta Salad | Chef Turkey & Ham Salad with a Wheat Dinner Roll | Ham Macaroni Pasta Salad |

****Vegetarian Options Available Daily Upon Request****

****Menu Items are Subject to Change Based on Availability****

This institution is an equal opportunity provider.